This form needs to be completed before 4pm on rehearsal day, prior to returning to rehearsal.

Please send reply to [bigbelfastchoir@gmail.com](mailto:bigbelfastchoir@gmail.com) or show on arrival at rehearsal.

**Should you answer Yes to any of the below questions, we strongly advise to seek medical advice before returning to rehearsals**

1. Do you have symptoms of cough, fever, high temperature, sore throat, runny nose, breathlessness or flu like symptoms now or in the past 14 days? Yes/No

2. Have you been diagnosed with confirmed or suspected COVID-19 infection in the last 14 days? Yes/No

3. Are you a close contact of a person who is a confirmed or suspected case of COVID-19 in the past 14 days (i.e. less than 2m for more than 15 minutes accumulative in 1 day)? Yes/No

4. Have you been advised by a doctor to self-isolate at this time? Yes/No

5. Have you been advised by a doctor to cocoon at this time? Yes/No.

Obligations on members:

I will inform the Big Belfast Choir if there are any other circumstances relating to COVID-19, not included in the above, which may need to be disclosed to allow my safe return to rehearsal

I will self-isolate at home and contact my GP promptly for further advice if I have any COVID-19 symptoms

I will stay out away from rehearsals until all symptoms have cleared following self-isolation

I will complete any temperature testing as implemented by my group and in line with Public

Health advice

I agree to wear mask on arrival and as required

I agree to sanitise on arrival

I agree to stay in my designated spot during rehearsal

I agree to update the Big Belfast Choir on any changes to my health on an ongoing basis.

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